MOVEMENT SPEAKS®

The Center at Red Oak





Photos by Kelly Stuart. Photo on (R) seniors from Goddard Riverside

Celebrate Moving in Strong and Creative Ways

All Fun. All Welcome!

The Center at Red Oak, 135 West 106th Street (btw Amsterdam & Columbus) Kickoff Day: Performance and Interactive Workshop

Thursday, March 16 at 10:30am

Following bi-weekly sessions 10 - 11:30AM to culminate in a performance:

Tuesdays: 3/21, 3/28, 4/4, 4/11 (NO CLASS), 4/18, 4/25, 5/2, 5/9, 5/16, 5/23, 5/30, 6/6, 6/13,

6/20.6/27

Thursdays: 3/23, 3/30, 4/6, 4/13 (NO CLASS), 4/20, 4/27, 5/4, 5/11/, 5/18, 5/25, 6/1, 6/8, 6/15,

6/22, 6/29 Older adults of all ages and abilities welcome. All sessions recommended but not required.



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FOR MORE INFORMATION: REBECCA (DVP) 347.683, 2691 rebecca@dvpnyc.org



ABOUT US

Dances for a Variable Population provides lively, fun and free programs for adults, low cost classes, and performances with beautifully crafted choreography. Through our programs, we strive to extend and improve the quality of life, and engage communities as participants and audience members.