

# MOVEMENT SPEAKS®

Celebrate Moving in Strong and Creative Ways. **ALL FUN. ALL WELCOME!**

## CENTRAL HARLEM

Beatrice Lewis, 2322 Third Avenue, New York, NY 10035  
Mondays 11:00 - 12:00PM  
Sept 16, 23, 30, Oct 7, 21, 28, Nov 4, 18, 25, Dec 2, 9, 16

Central Harlem Senior Center/Kennedy site, 34 West 134th St (btw Lenox and 5th Ave)  
Tuesdays, 1:30-3:00 PM  
Sept 10, 17, 24, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19, Dec 3, 10

Central Harlem Senior Center/St. Nicholas Houses, 210 West 131st St (off Adam Clayton Powell)  
Thursdays, 1:30 - 3:00PM  
Sept 19, 26, Oct 3, 10, 17, 24, 31, Nov 7, 14, 21, Dec, 5, 10

Canaan Senior Center, 1428 Fifth Avenue, New York, NY 10035 (entrance at 116th St.)  
Thursdays 1:30-3:00PM  
Sept 19, 26, Oct 3, 10, 17, 24, 31, Nov 7, 14, 21, Dec, 5, 12

## WEST HARLEM

George Bruce Library, 518 West 125th Street (btw Amsterdam and Broadway), 10027  
Fridays, 11:00 AM - 12:30 PM  
Sept 20, 27, Oct 4, 11, 18, 25, Nov 1, 8, 15, 22, Dec 6, 13

PSS Manhattanville, 530 West 133rd Street (btw. Old Broadway and Amsterdam)  
Wednesdays 10:30 - 11:45 AM  
Sept 18, 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, Dec 4, 12

The Center at Red Oak, 135 West 106th Street, Manhattan, NY, 10025 New York, NY  
Mondays 1:30 - 3:00PM  
Sept 9, 16, 23, 30, Oct 7, 21, 28, Nov 4, 18, 25, Dec 2, 9, 16

Association of Black Social Workers (ABSW) 221 WEST 107TH STREET, MANHATTAN, NY, 10025  
Tuesdays 1:30 - 3:00PM  
Sept 17, 24, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19, Dec 3, 10

## UPPER WEST SIDE

Goddard Riverside Senior Center, 593 Columbus Ave. New York, NY  
Wednesdays, 1:30 - 3:00PM  
Sept 18, 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, Dec 4, 12

## UPPER EAST SIDE

Webster Library, 1465 York Avenue (btw 77 & 78th St.) New York, NY 10075  
Fridays 10:30AM - 12:00PM  
Sept 20, 27, Oct 4, 11, 18, 25, Nov 1, 8, 15, 22, Dec 6, 13

## WEST VILLAGE

Tony Dapolito Recreation Center\*, 1 Clarkson Street, New York, NY 10014 (Seniors must obtain a \$25.00 one time membership fee)  
Wednesdays, 10:00 - 11:30 AM  
Sept 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, Dec 4, 11

## LOWER EAST SIDE

Mott Street, 180 Mott Street New York, NY 10012  
Fridays, 1:30 - 3:00PM  
Sept 20, 27, Oct 4, 11, 18, 25, Nov 1, 8, 15, 22, Dec 6, 13

## BROOKLYN

Eileen Dugan Senior Center, 378 Court Street, Brooklyn, NY 11231  
Fridays, 10:30 to 11:45 AM  
Sept 20, 27, Oct 4, 11, 18, 25, Nov 1, 8, 15, 22, Dec 6, 13

## BRONX

William Hodson Senior Center, 1320 Webster Ave, Bronx, NY 10456  
Fridays, 1:00-2:30 PM  
Sept 13, 20, 27, Oct 4, 11, 18, 25, Nov 1, 8, 15, 22, Dec 6, 13

## QUEENS

Queensbridge Riis Senior Center,  
10-25 41st Avenue, Long Island City, NY 11101  
Mondays (Lunes), 1:30 - 3 PM  
Sept 16, 23, 30, Oct 7, 21, 28, Nov 4, 18, 25, Dec 2, 9, 16

## HANAC Ravenswood

34-35A 12th Street, Astoria, NY 11106  
Mondays 10:30 - 12:00PM  
Sept 16, 23, 30, Oct 7, 21, 28, Nov 4, 18, 25, Dec 2, 9, 16

Movement Speaks® is free of charge thanks to our sponsors.

FOR MORE INFORMATION: Lori (DVP) 347.683.2691; Lori@dvpnyc.org.

## ABOUT US

Dances for a Variable Population provides lively, fun and free programs for adults, low cost classes, and performances with beautifully crafted choreography. Through our programs, we strive to extend and improve the quality of life, and engage communities as participants and audience members.

Naomi Goldberg Haas, Artistic Director • 347.683.2691 • naomi@dvpnyc.org

