

VOTE FOR THE YARD

"BEST PERFORMING ARTS ORGANIZATION"

Best of the
Vineyard
2015
Martha's Vineyard Magazine

"MAKING IT: Movement Speaks®" with guest artist Naomi Goldberg Haas

At Tisbury Senior Center, The Anchors and Windmere

The Yard invites you to "MAKING IT: MOVEMENT SPEAKS®". Movement Speaks®, developed by Naomi Goldberg Haas, is focused on inspiring strong and creative movement among older adults of all ages and abilities and is the heart of Dances For A Variable Population's work. Based on the core values of enjoying one's own body and moving with other people, the dance program promotes greater mobility, self-confidence, physical awareness, social interaction, expressiveness in movement, and a greater sense of meaning. The work starts by acknowledging each individual's history and taking each participant forward from that place all contributing to making elder life filled with contentment and health.

Community Members of all ages are encouraged to come and dance with us!
No registration necessary.

SCHEDULE

Monday, March 9th

10:30AM-11:30AM Windermere

1:30-PM-2:30PM Anchors, Edgartown Council on Aging

Tuesday, March 10th

1PM-2PM Tisbury Senior Center

Wednesday, March 11th

11:30AM-12:30PM Anchors, Edgartown Council on Aging

2:00PM-3:00PM Windermere

Friday, March 13th

1PM-2PM Tisbury Senior Center

3PM-4:00PM Windemere

Choreography

"LIGHT," a work for nine community and professional performers, is in the process of being developed from work with senior populations on the Island. The intention is for the cast to participate in workshops in March and August 2015 and create a dance choreographed in collaboration with **Naomi Goldberg Haas** drawn from ideas sparked by the elder communities participating in Movement Speaks.

"LIGHT" will be presented in September 2015 at The Yard as a part of the DanceTheYard and Friends Show.

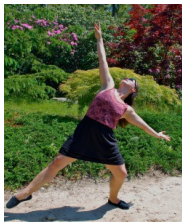


Naomi Goldberg Haas is a dancer, master teacher, choreographer and founding artistic director of Dances For A Variable Population (DVP). With DVP, Ms. Goldberg Haas has created site-related public performances at many of NYC's most iconic public spaces including Times Square, Washington Square Park, the Whitehall Ferry Terminal, and the High Line. She also leads DVP's education programs, including the organization's free community-based dance workshops that have served over 4,000 seniors at 35 senior centers since 2009.

Also by The Yard >>>

Adult & Community Education of Martha's Vineyard presents:

Taste of Dance Technique: Jazz, Hip Hop, Dance Fitness



The Yard's Associate Director of Development, **Holly Jones**, will lead "MAKING IT: Dance for Adults", a movement class for beginners-intermediate for a taste of dance technique in the form of jazz with elements of hip hop and dance fitness. Come get your groove on while getting in a good workout!

Instructor: Holly Jones, BFA

5 Tuesdays: 6:30-8pm | March 10, 17, 24, 31, April 7

Fee: \$139

MVRHS Cafeteria

Co-sponsor: The Yard

Walk-In Registration @ MVRHS Lobby on MARCH 3, 2015, 5-6:30PM

DanceTheYard.org | [508.645.9662](tel:508.645.9662) |