

# MOVEMENT SPEAKS® CLASSES

Celebrate Moving in Strong and Creative Ways. ALL FUN. ALL WELCOME!

Celebra con nosotros moviendote de manera fuerte y creativa. TODOS BIEUVENIDOS. TODOS HA DIVERTIENOS!!

## MORNINGSIDE HEIGHTS

### Riverside Church

91 Claremont Ave (Childcare), NY 10027  
Tuesdays, 2–3:30PM  
March 31; April 7, 14, 21, 28; May 5, 12, 19

## CENTRAL HARLEM

### CHSCC/Beatrice Lewis

2322 Third Ave, 2nd Floor, NY 10035  
Mondays, 11 AM–12 PM  
Jan 27; Feb 3, 10, 24; Mar 2, 9, 16, 23, 30;  
Apr 6, 13, 20, 27; May 4, 11, 18

### Central Harlem Senior Citizens Center/Kennedy Site

34 West 134th St (btw Lenox/5th Ave) NY 10035  
Tuesdays, 1:30–3 PM  
Jan 21, 28; Feb 4, 11, 18, 24; Mar 3, 10, 17, 24,  
31; Apr 7, 14, 21, 28; May 5, 12, 19, 26;  
June 2, 9, 16

### CHSCC/St. Nicholas Houses

210 West 131st St (off Adam Clayton Powell), NY 10036  
Tuesdays, 1:30–2:45 PM  
Jan 28; Feb 4, 11, 18, 25; Mar 3, 10, 17, 24;  
Apr 7, 14, 21, 28; May 5, 12, 19, 26

### Canaan Senior Center

1428 Fifth Ave, NY 10035 (enter at 116th St)  
Thursdays, 1:30–3 PM  
Jan 23, 30; Feb 6, 13, 20; Mar 5, 12, 19, 26;  
Apr 2, 9, 16, 23, 30; May 7, 14, 21, 28; June 4

### Macomb's Bridge Library

2633 Adam Clayton Powell (btw 152nd & 153rd St) NY 10039  
Tuesdays, 10:30 AM–12 PM  
Feb 18, 25; March 3, 10, 17, 24, 31; April 7, 14,  
21, 28; May 5

### The Center at Red Oak

135 W 106th St. NY 10025  
Mondays, 1:30–3 PM  
Thursdays, 10:30 AM–12 PM  
Mondays: March 2, 9, 16, 23, 30; April 6, 13, 20,  
27; May 4, 11, 18 (no class May 25);  
June 1, 8, 15 (culminating perf)  
Thursdays: March 5, 12, 19, 26; April 2, 9, 16, 23,  
30; May 7, 14, 21, 28; June 4, 11

**Public performances of REVIVAL 4:  
Queensbridge Park, June 6; Grants Tomb, June 13; Prospect Park, June 2**

## WEST HARLEM

### George Bruce Library

518 West 125th St (btw Amsterdam & Broadway), NY 10027  
Fridays, 11 AM–12:30 PM  
Jan 17, 24, 31; Feb 7, 14, 21, 28; Mar 6, 13, 20,  
27; April 3, 10, 17, 24; May 1, 8, 15, 22, 29; June 5, 12

### PSS Manhattanville

530 W 133rd St (btw Old Broadway & Amsterdam), NY 10027  
Wednesdays, 11 AM–12 PM  
Jan 22, 29; Feb 5, 12, 19, 26; March 4, 11, 18,  
25; Apr 1, 8, 15, 22, 29; May 6, 13, 20, 27; June 3, 10, 17

### Association of Black Social Workers

221 W 107th St, NY 10025  
Mondays, 10:30–11:45 AM  
March 2, 9, 16, 23, 30; Apr 6, 13, 20, 27; May 4,  
11, 18

### Jackie Robinson Senior Ctr, Grant Houses

1301 Amsterdam Ave, NY 10027  
Fridays, 10:45 AM–12 PM  
April 3, 10, 17, 24; May 1, 8, 15, 22, 29;  
June 5, 12, 19

## UPPER WEST SIDE

### Goddard Riverside Senior Center593

Columbus Ave (at 88th St.), NY 10024  
Mondays, 9–10:15 AM &  
Wednesdays, 1:30–3 PM  
Mondays: 3/9, 3/16, 3/23, 3/30; 4/6, 4/13, 4/20,  
4/27; 5/4, 5/11, 5/18, (no class 5/25); 6/1, 6/8,  
6/15, 6/22 (culminating perf)  
Wednesdays: March 4, 11, 18, 25; April 1, 8, 15,  
22, 29; May 6, 13, 20, 27; June 3, 10, 17

### Lincoln Square Neighborhood Center

150 West 65th St, NY 10024  
Mondays & Wednesdays, 1:30–2:30 PM  
Mondays: March 2, 16, 23, 30; April 6, 13, 20,  
27; May 4, 11, 18 (no 5/25); June 1, 8, 15  
Wednesdays: 3/11, 3/18, 3/25; 4/1, 4/8, 4/15,  
4/22, 4/29; 5/6, 5/13, 5/20, 5/27; 6/3,  
6/10, 6/17 (culminating perf)

## UPPER EAST SIDE

### Webster Library

1465 York Ave (btw 77th & 78th St), NY 10075  
Fridays, 10:30 AM–12 PM  
Feb 7, 14, 21, 28; March 6, 13, 20, 27;  
April 3, 10, 17, 24

## WEST VILLAGE

### Tony Dapolito Recreation Center

1 Clarkson St, NY 10014 (\*\$25 1x member fee)  
Wednesdays, 10–11:30 AM  
Jan 22, 29; Feb 5, 12, 19, 26; Mar 4, 11, 18, 25;  
Apr 1, 8, 15, 22, 29; May 6, 13, 20, 27; June 3,  
10, 17

## BROOKLYN

### Eileen Dugan Senior Center

378 Court St, Brooklyn 11231  
Fridays, 10:30–11:45 AM  
Jan 24, 31; Feb 7, 14, 21, 28; Mar 6, 13, 20, 27;  
Apr 3, 10, 17, 24; May 1, 8, 15, 22, 29; June 5,  
12, 19

### Park Slope Center for Successful Aging

463A 7th St, Brooklyn 11215  
Wednesdays, 10–11:30 AM  
Feb 5, 12, 19, 26; March 4, 11, 18, 25;  
April 1, 8, 22, 29; May 6, 13, 20, 27

## QUEENS

### Queensbridge Riis Senior Center

10-25 41st Ave, Long Island City 11101  
Mondays (Lunes), 1:30–3 PM  
Jan 27; Feb 3, 10, 24; Mar 2, 9, 16, 23, 30;  
Apr 6, 13, 20, 27; May 4, 11, 18; June 1, 8, 15

## BRONX

### William Hodson Senior Center

1320 Webster Ave, NY 10456  
Fridays, 1:15–2:30 PM  
Jan 17, 24, 31; Feb 7, 14, 21, 28; March 6, 13,  
20, 27; April 3, 10, 17, 24; May 1, 8, 15, 22, 29;  
June 5, 12

### Concourse Plaza Wellness Center

900 Grand Concourse, Bronx, NY 10451  
Tuesdays, 2:15–3:30PM  
Thursdays, 2:30–3:30PM  
Tuesdays: March 3, 10, 17, 24, 31; April 7, 14,  
21, 28; May 5, 12, 19, 26; June 2, 9, 16, 23  
Thursdays: March 5, 12, 19, 16; April 2, 9, 16,  
23, 30; May 7, 14, 21, 28; June 4, 11; 18, 25  
(culminating perf)



## ABOUT US

Dances for a Variable Population provides lively, fun and free programs for adults, low cost classes, and performances with beautifully crafted choreography. Through our programs, we strive to extend and improve the quality of life, and engage communities as participants and audience members.

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For more info, email [admin@dvpnyc.org](mailto:admin@dvpnyc.org)



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