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For Immediate Release September 29, 2021

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DANCES FOR SENIORS

Part Performances and Part Interactive Workshops for older adults of all ages and abilities for individual expression and community empowerment at NYC senior centers!

During the Fall 2021 season, Dances For A Variable Population (DVP) will bring DANCES FOR SENIORS, free, community-based performances with interactive creative movement for all ages and abilities. Presented by six members of DVP's multi-generational company and featuring highlights of dances performed in public performances at Washington Square Park, Grant's Memorial Tomb, Yolanda Garcia Park, and Queensbridge Park. These 75 min community events will feature dances from the styles of modern dance, jazz, flamenco, and hip-hop. The performances will be followed by a creative movement and dance experience highlighting moving together in fun and friendship. Adults of all ages and abilities are encouraged to participate!

The entire event is designed to be accessible to individuals of all abilities, bringing the power of dance into connecting communities. The performance presents dances from concert stages and social dance; the workshop invites the audience to dive into individual expression, social interaction and discover new possibilities inspired by our company dancers and seasoned guest artists.

Through performance and a following interactive experience, New Yorkers become participants as well as audience members. Participants should wear comfortable clothing and shoes for moving!

LOCATIONS AND DATES:

- Oct 20 Wednesday at 1:30 PM: Park Slope Center for Successful Aging
 - 463A 7th St, Brooklyn, NY 11215
- Oct 27 Wednesday at 1 PM: Jackie Robinson at Grant Houses
 - o 1301 Amsterdam Avenue, New York, NY 10027
- Nov 3 Wednesday at 1:30 PM: TBD
- Nov 10 Thursday at 1:00 PM: PSS Manhattanville Senior Center
 - o 530 W 133rd St, New York, NY 10027
- Nov 17 Wednesday: TBD
- **Dec 1 Wednesday at 2:00 PM**: Morningside Retirement & Health Services, Inc.
 - o 100 La Salle St, New York, NY 10027
- **Dec 8 Wednesday at 2:00 PM**: William Hodson Senior Center
 - o 1320 Webster Ave, Bronx, NY 10456

ABOUT DANCES FOR A VARIABLE POPULATION

Founded in 2005 by Naomi Goldberg Haas, Dances for a Variable Population (DVP) promotes strong and creative movement among people of all ages and abilities with a focus on seniors. The organization's programming includes: a multigenerational performance company that engages community members as participants and audiences; MOVEMENT SPEAKS® and Dances for Seniors, which are free, community-based programs for modest income and culturally underserved older adults, annually serves over 700 seniors; ALL TOGETHER DANCE and Fitness classes for adults of all ages, offered year-round; and performance and training opportunities for older professional dancers and choreographers. DVP's site-related performances have been presented in some of New York City's most iconic public spaces, including Times Square, the New York Botanical Garden, Washington Square Park, and the High Line.

The development and presentation of Dances For Seniors has been made possible with public funds from the New York State Council on the Arts with the support of Governor Andrew M. Cuomo and the New York State Legislature. This program is also supported, in part, by public funds from the New York City Department of Cultural Affairs and the New York City Department for the Aging, in partnership with the City Council and Manhattan Borough President Gale Brewer. Special support is provided by Speaker Corey Johnson and Council Members Margaret Chin, Vanessa Gibson, Mark Levine, Bill Perkins, Helen Rosenthal, and Jimmy Van Bramer. Support is also provided by the Alpern Foundation, Jody and John Arnhold, the Mertz Gilmore Foundation, the Fan Fox and Leslie R. Samuels Foundation, and the Alpern Foundation. Naomi Goldberg Haas is the 2019-2020 recipient of a Dance/USA Fellowship to Artists, for artists addressing social change, which is made possible with generous funding from the Doris Duke Charitable Foundation.