

MOVEMENT SPEAKS®

Winter 2023 REMOTE CLASSES - Online / Phone

ONLINE CLASSES

MOVEMENT SPEAKS®

Mon. 10:00 AM - 11:15 AM
w/ Bryanna

First Class: Jan. 9th | Last Class: Mar. 27th

[Join Online HERE](#)

MOVEMENT SPEAKS®

Fri. 10:00 AM - 11:15 AM
w/ Marisol

First Class: Jan. 6th | Last Class: Mar. 31st

[Join Online HERE](#)

MOVEMENT SPEAKS®

Tues. 2:00 PM - 3:15 PM
w/ Pam

First Class: Jan. 10th | Last Class: Mar. 28th

[Join Online HERE](#)

Cardio Fitness Class

Sat. 11:00 AM - 12:15 PM
w/ Marisol

First Class: Jan. 7th | Last Class: Mar. 25th

[Register and pay HERE.](#)

[Schedule to Join Online HERE](#)

MOVEMENT SPEAKS®

Wed. 10:00 AM - 11:15 AM
w/ Marisol

First Class: Jan. 4th | Last Class: Mar. 29th

[Join Online HERE](#)

New Online student? Register for
Free Classes [HERE!](#)

Modern Dance for Life

Thur. 12:00 PM - 1:15 PM
w/ Naomi

First Class: Jan. 5th | Last Class: Mar. 30th

[Join Online HERE](#)

PHONE CLASSES

Free MOVEMENT SPEAKS®

Tues. 11:00 AM - 12:15 PM
w/ Pam

First Class: Jan. 10th | Last Class: Mar. 28th

[Join by calling: 339-207-6343](#)

MOVEMENT SPEAKS®

Thur. 2:00 PM - 3:15 PM
w/ Pam

First Class: Jan. 5th | Last Class: Mar. 30th

[Join Online HERE](#)

[If you have any questions, contact us at:](#)

Phone: (347) 683-2691

[For Technical Support:](#)

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ABOUT US

Dances for a Variable Population provides lively, fun and free programs for adults, low cost classes, and performances with beautifully crafted choreography. Through our programs, we strive to extend and improve the quality of life, and engage communities as participants and audience members.

Naomi Goldberg Haas, Artistic Director • 347.683.2691 • naomi@dvpnyc.org

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